

## **The Art of Movement**

With the MILLERNTOR GALLERY and *11 Walls*, Viva con Agua ARTS creates a space for art that creates connection which moves and activates across boundaries. Similarly, the connection unfolds through the most natural of all movements – breathing. This elementary action connects us with all living beings, regardless of boundaries. Artful movement and conscious calmness allow us not only to feel our body and mind, but also to connect with our environment, nature, living beings and water.

Joyful movement, shared play, team spirit and the sense of community unfold a transformative power. This collective commitment encourages people to actively stand up for social change. In intercultural exchange, the universal languages of movement, art, music and sport act as bridges that overcome different preconditions and beliefs and create a connection.

The political and social movement unites our values of freedom, equality, respect, tolerance and responsibility for sustainability and social togetherness. With Viva con Agua ARTS and the MILLERNTOR GALLERY we actively promote these values.

Only in the harmonious interplay of the three sides of movement – in sport and play, in art and in political movement – can the transformative effect of collective, artistic movement unfold and create a powerful dynamic for change and activism.